



# INFO SHEET

JANUARY-JUNE 2025



# THE CHILDREN'S SHELTER IN HO – PROTECTION INSTEAD OF EXPLOITATION

At Lake Volta in Ghana, countless children fall victim to exploitation. Many come from extremely poor families, some even from neighbouring countries and are handed over by their relatives in the hope of a „better life“ – to fishermen who force them to work under the harshest conditions.

Early in the morning, barefoot, unprotected, and often without enough food, they are made to pull nets from the water, fish, row and clean boats, or carry heavy loads. School, childhood and safety are far out of reach.

Thanks to the efforts of the responsible authorities and our partners, children are rescued – but what happens next?

**Watch the moving Stern TV documentary about our work with children affected by child trafficking at Lake Volta.**









# THE CHILDREN'S SHELTER IN HO – A SAFE HAVEN AND PLACE OF REFUGE

Our Children's Shelter in Ho offers a new beginning for children affected by child trafficking on Lake Volta – a place of safety, stability, and care. In small, family-like groups, we can accommodate up to 90 children between the ages of 1 and 17.

But what we offer goes far beyond a roof over their heads:

**Shelter & Living** – Each child has their own bed – often for the first time – private spaces to retreat, and access to communal living and play areas.

**Nutrition & Hygiene** – Nutritious meals, with vegetables and wheat from our own farm, clean drinking water, personal hygiene, and fresh clothing are part of everyday life.

**Education & Support** – The children attend nearby schools, receive tutoring, and benefit from individual learning support. All school materials are provided.

**Structure & Daily Life** – Daily routines offer structure and stability: set mealtimes, learning sessions, playtime, and rest – crucial for children who have known little security.





We have a football field – sponsored by the BVB Foundation „leuchte auf“ by our friend Atze Schröder – and a large playground for the younger children.

On weekends, we offer various activities such as sports, dance classes, and French lessons. Our in-house library invites children to read and relax, and our IT room provides a space for homework and learning.

This intensive care requires patience, expertise, and reliable support.

With a sponsorship, you can support the children long-term and help transform their lives. For just € 50 per month, you can restore hope, create new perspectives, and give back a piece of childhood.

**Become a sponsor now  
– and help to shape a better tomorrow.**

**MORE INFO**



MORE INFO



## SELFMADE – BETTINA'S STORY ON PRIME VIDEO

The documentary series SELFMADE on Prime Video features people who launch innovative companies and projects – without having great wealth to begin with.

In Season 4, Episode 11, I share my personal story: how a volunteer mission to Ghana turned into a life-changing decision. How Madamfo Ghana was founded, what drives us – and why I still believe that a fairer world is possible.

The episode offers a personal glimpse into my life and work – and shows what can happen when heart and determination come together.

**Now streaming on Prime Video – Season 4, Episode 11.**





# ***SELFMADE***





## A SCHOOL COMPLEX FOR APEDWA

In Akyem Apedwa, a small town in Ghana's Eastern Region with around 2,000 residents, over 250 children are currently taught in makeshift wooden shelters – without protection from rain or heat, without toilets, and without access to clean water. Girls are particularly affected, as there are no hygienic facilities for them during menstruation. As a result, illness, high absenteeism, and a lack of educational prospects are common.

To fundamentally change this situation, a comprehensive school project is being implemented in three phases – made possible through the support of the Reiner Meutsch Foundation FLY & HELP. A modern, inclusive school complex with a kindergarten, primary school, junior high school, borehole, toilet facilities, and computer equipment is being built.

**Phase 1** includes the construction of a kindergarten with four classrooms, separate toilets for girls and boys, and the drilling of a borehole, with a mechanized water supply system. Hygiene training will raise awareness among children and staff, for sustainable health practices.

**Phase 2** involves the construction of a primary school with six classrooms and a teacher's room, fully equipped with school furniture.







**Phase 3** expands the educational offering with a junior high school consisting of three classrooms, an office, and a modern computer lab with workstations for 20 students.

The aim of the project is to provide all children in Apedwa with access to quality education, safe drinking water, and adequate hygiene facilities. This will lay the foundation for improved health, higher school attendance, and new future prospects – especially for girls.

**Status: In progress**

**Project costs: Approx. € 180,000**

**Funded by: Reiner Meutsch Stiftung FLY & HELP**







# THE SCHOOL PROJECT IN NYINAMPONASE: STEP BY STEP TOWARD EDUCATION FOR AN ENTIRE VILLAGE

In the community of Nyinamponase in Ghana's Bono Region, more than 550 children are currently learning under unacceptable conditions. The three available classrooms are severely overcrowded, and some classes take place in a makeshift wooden structure without windows, doors, or a proper roof. There are no sanitary facilities at all – a particular challenge for girls during menstruation. The daily struggle to fetch water and find a suitable learning space leads to high absenteeism, school dropouts, child labor, and teenage pregnancies.

Thanks to the generous support of the Reiner Meutsch Foundation FLY & HELP, a new school complex is now being built in Nyinamponase: six classrooms, a teachers' office, storage room, hygienic toilet facilities, and a mechanized water supply system. In addition, students and teachers will receive training on hygiene and maintenance – ensuring long-term, sustainable use of the new infrastructure.

Construction began in March 2025 with a groundbreaking ceremony. The borehole has already been drilled and mechanized, the foundation is nearly complete, and wall construction is well underway. Completion is scheduled for October 2025. Even now, it's clear: a place of hope is being built – for education, health, and a better future.

**Status: In progress**

**Project costs: Approx. € 76,000**

**Funded by: Reiner Meutsch Stiftung FLY & HELP**







# SOWING THE FUTURE – CLIMATE PROTECTION THAT TAKES ROOT

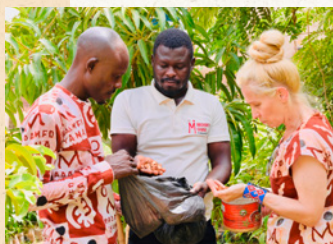
With our project Sowing the Future, we are making a strong statement for climate and environmental protection in Northern Ghana – together with schools and local communities. The goal is to reforest dry areas in the long term while raising environmental awareness among young people.

In collaboration with local tree nurseries, we cultivate climate-resilient species such as mango, cashew, mahogany, neem, and acacia. These trees are planted on school grounds and community land – by students who are inspired through environmental education and hands-on sustainability workshops.

The schools themselves take responsibility for caring for the seedlings – supported by our awareness programs on hygiene, climate protection, and shared responsibility.

TO THE MOVIE









Since the start of the project, over 74,000 trees have already been planted – at dozens of schools across multiple regions in Northern Ghana. Each tree stands for hope, a better future, and tangible climate action. To ensure that the young trees can be watered even during the dry season, we equip the schools with solar-powered boreholes.

Sowing the Future is more than just a tree-planting project. It protects livelihoods, strengthens communities, and empowers children and young people to experience how their own actions can help make the world a greener place.

**With your € 1 donation you will create an impact in our action for the climate!**

MORE INFO













## A PLACE TO LEARN – SCHOOL DESKS FOR AGONA MODEL SCHOOL (GHANA)

830 children attend the Agona Model School in Ghana's Western Region – but many of them don't have a place of their own to sit and learn. Often, three or four students have to squeeze together on old, damaged benches that are far too small, wobbly, and uncomfortable. In such conditions, it's difficult to concentrate. Learning becomes a daily struggle.

We want to change that by providing 110 new, sturdy 2-in-1 school benches – creating not only more space to learn, but also bringing dignity and motivation back into the classroom.

The benches are handcrafted by a local carpentry workshop, helping to boost the regional economy and create jobs in the community. Your donation gives the gift of education – and a better future.

**Status: In progress**

**Project costs: Approx. € 3,500**





## A SAFE SPACE FOR MOTHERS AND NEWBORNS IN NAMASA

For years, the only maternity clinic in the rural community of Namasa, located in Ghana's Bono Region, was little more than an improvised shelter: just one delivery bed, precariously stabilized with a stone, and no way to ensure hygienic births. Many women had no choice but to give birth at home – often without medical assistance and at great risk to themselves and their babies.

Thanks to the generous support of Wandern für die Anderen e. V., the clinic has now been fully renovated and equipped with modern medical devices.

In addition, hygiene training sessions are being held to ensure safe and healthy births in the long term. The project not only improves maternal and neonatal healthcare but also strengthens women's trust in the local health system.

Today, the clinic is a place where mothers can give birth in dignity – safely and with professional care.

**Status: Completed**

**Project costs: € 11,000**

**Funded by: Wandern für die Anderen e. V.**



# WANDERN FÜR DIE ANDERN

8. MÄRZ 2025



# HOW YOU CAN HELP:



## FEEDING PROGRAMS

With € 9, you provide a school child with a daily hot meal.



## EDUCATION

€ 50 provide a child with all the school notebooks for a year.

For about € 30, we can get a school desk made by local craftsmen.



## SOWING THE FUTURE

With € 1, you sponsor a seedling for our project Sowing the Future – Harvesting Perspectives.



## HEALTH

With € 400, we can provide medical training for an entire village, teach family planning, and reduce maternal and newborn mortality.

Starting from € 35,000, a small health center can be established.



## CHILDREN IN NEED

€ 50 per month help  
provide for a child in our  
shelter.



## HYGIENE AND WATER

Starting from € 5,000,  
we can build a manual borehole  
and provide a small village  
with clean drinking water.

A mechanized water  
supply for a larger villa-  
ge or a small town can  
be established starting  
from approximately  
€ 8,000.



Would you like to realize an entire project with us, such as a school, a kindergarten, or a clinic? Then get in touch with us. We would be happy to create a specific project proposal for you.

One-time donations can also significantly improve the living conditions of many people.“

Follow us also on:



INSTAGRAM



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PODCAST  
HERZENSSACHE



# THANK YOU FOR MAKING HOPE POSSIBLE

Behind each of our projects are people – with dreams, with hope, and with the strong will to create change. Everything we've accomplished together, over the past months, would not have been possible, without your support.

But there's still much to be done. Children are still waiting for a school, families for clean water, and entire villages for medical care.

That's why we invite you to continue being a Madamfo – a friend. Whether through a donation, by sharing our work, or with your personal engagement, like starting a fundraising campaign – every gesture counts.

Let's continue to bring hope, create opportunities, and shape a better future – together.

With heartfelt thanks – on behalf of all those whose lives have become brighter thanks to your help.

*Bettina Landgraf*



**Madamfo Ghana e.V.**

Voerder Straße 139a

58135 Hagen

Tel.: +49 (0)2331 1278278

E-Mail: [mail@madamfo-ghana.de](mailto:mail@madamfo-ghana.de)

[www.madamfo-ghana.de](http://www.madamfo-ghana.de)

**Donation Account Germany**

Sparkasse an Volme und Ruhr

Madamfo-Ghana e.V.

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